

British International School of Jeddah
Physical Education Department
Year 7 Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

| Reporting Period | Unit | Approximate Timeframe | Approximate Dates |
|------------------|--|-----------------------|---------------------------|
| 1 | Adventure Based Learning | 1 week | 25 August – 29 August |
| | R.E.S: Hockey | 7 weeks | 1 September – 17 October |
| | Water Games / Fitness #1 | 10 weeks | 1 September – 14 November |
| 2 | Athletics | 7 weeks | 27 October – 12 December |
| | Sports Education: Tchoukball & Fast Five Netball | 7 weeks | 5 January – 20 February |
| | Biathlon / Striking Games | 11 weeks | 18 November – 20 February |
| 3 | International Games: AFL | 6 weeks | 1 March – 9 April |
| | Net Games: Handball, Table Tennis, Mini-Tennis | 4 weeks | 26 April – 21 May |
| | Water Games / Fitness #2 | 10 weeks | 1 March – 21 May |
| Not Assessed | Low Organised Games | 3 weeks | 31 May – 18 June |

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year 7 KS3 Physical Education for 2019-20

| Assessment Point | Mode of Assessment | Weighting |
|--------------------|--|---------------------|
| Reporting Period 1 | Adventure Based Learning | <i>Not Assessed</i> |
| | R.E.S Self-Assessment: Understanding & Application of R.E.S | 40% |
| | R.E.S Teacher-Assessment: Motor Performance | 40% |
| | Fitness Assessment Profile #1 | 10% |
| | Aquatics - Underwater Games Assessment | 10% |
| Reporting Period 2 | Athletics Individual Performance Assessment | 20% |
| | Athletics Teacher Assessment: Self Reflective Questions | 10% |
| | Sports Education Teacher Assessment: Application of Interpersonal Skills | 30% |
| | Sports Education Peer-Assessment: Team Role Performance | 30% |
| | Aquatics – Biathlon Assessment | 10% |
| Reporting Period 3 | International Games | <i>Not Assessed</i> |
| | Net Games Peer-Assessment: Motor Performance | 30% |
| | Net Games Self-Assessment: Net Games Understanding | 30% |
| | Fitness Assessment Profile #2 | 30% |
| | Aquatics – Water Games Assessment | 10% |
| | Low Organised Games | <i>Not Assessed</i> |

British International School of Jeddah
Physical Education Department
Year 8 Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

| Reporting Period | Unit | Approximate Timeframe | Approximate Dates |
|------------------|---------------------------------------|-----------------------|---------------------------|
| 1 | Adventure Based Learning | 1 week | 25 August – 29 August |
| | R.E.S: Ripper Rugby | 7 weeks | 1 September – 17 October |
| | Water Games / Fitness #1 | 10 weeks | 1 September – 14 November |
| 2 | Athletics | 7 weeks | 27 October – 12 December |
| | Sports Education: Handball | 7 weeks | 5 January – 20 February |
| | Biathlon / Striking Games | 11 weeks | 18 November – 20 February |
| 3 | International Games: Ultimate Frisbee | 6 weeks | 1 March – 9 April |
| | Net Games: Badminton, Volleyball | 4 weeks | 26 April – 21 May |
| | Water Games / Fitness #2 | 10 weeks | 1 March – 21 May |
| Not Assessed | Minor Games | 3 weeks | 31 May – 18 June |

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year 8 KS3 Physical Education for 2019-20

| Assessment Point | Mode of Assessment | Weighting |
|--------------------|--|---------------------|
| Reporting Period 1 | Adventure Based Learning | <i>Not Assessed</i> |
| | R.E.S Teacher-Assessment: Understanding & Application of R.E.S | 40% |
| | R.E.S Self-Assessment: Motor Performance | 40% |
| | Fitness Assessment Profile #1 | 10% |
| | Aquatics - Underwater Games Assessment | 10% |
| Reporting Period 2 | Athletics Individual Performance Assessment | 20% |
| | Athletics Teacher Assessment: Self Reflective Questions | 10% |
| | Sports Education Teacher Assessment: Session Plan Design | 30% |
| | Sports Education Peer-Assessment: Application of Fair Play Concepts | 30% |
| | Aquatics – Biathlon Assessment | 10% |
| Reporting Period 3 | International Games | <i>Not Assessed</i> |
| | Net Games Teacher-Assessment: Motor Performance (3 Offensive Skills) | 30% |
| | Net Games Self-Assessment: Net Games Tactics and Strategies | 30% |
| | Fitness Assessment Profile # 2 | 30% |
| | Aquatics – Water Games Assessment | 10% |
| | Minor Games | <i>Not Assessed</i> |

British International School of Jeddah
Physical Education Department
Year 9 Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

| Reporting Period | Unit | Approximate Timeframe | Approximate Dates |
|------------------|--|-----------------------|---------------------------|
| 1 | Adventure Based Learning | 1 week | 25 August – 29 August |
| | R.E.S: Ultimate Frisbee | 7 weeks | 1 September – 17 October |
| | Water-polo / Fitness #1 | 10 weeks | 1 September – 14 November |
| 2 | Athletics | 7 weeks | 27 October – 12 December |
| | Sports Education: Basketball | 7 weeks | 5 January – 20 February |
| | Biathlon / Striking Games | 11 weeks | 18 November – 20 February |
| 3 | International Games: NFL, Lacrosse | 6 weeks | 1 March – 9 April |
| | Net Games: Seepak Takraw | 4 weeks | 26 April – 21 May |
| | Personal Survival-Life Saving / Fitness #2 | 10 weeks | 1 March – 21 May |
| Not Assessed | Tag Games | 3 weeks | 31 May – 18 June |

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year 9 KS3 Physical Education for 2019-20

| Assessment Point | Mode of Assessment | Weighting |
|--------------------|--|---------------------|
| Reporting Period 1 | Adventure Based Learning | <i>Not Assessed</i> |
| | R.E.S Teacher-Assessment: Application of R.E.S Resilience | 40% |
| | R.E.S Peer-Assessment: Motor Performance | 40% |
| | Fitness Assessment Profile #1 | 10% |
| | Aquatics - Underwater Games Assessment | 10% |
| Reporting Period 2 | Athletics Individual Performance Assessment | 20% |
| | Athletics Teacher Assessment: Self Reflective Questions | 10% |
| | Sports Education Peer Assessment: Coaching – Application of Session Plan | 30% |
| | Sports Education Self-Assessment: Application of IP Skills (Communication) | 30% |
| | Aquatics – Biathlon Assessment | 10% |
| Reporting Period 3 | International Games | <i>Not Assessed</i> |
| | Net Games Teacher-Assessment: Refereeing | 20% |
| | Net Games Teacher-Assessment: Motor Performance | 40% |
| | Fitness Assessment Profile # 2 | 30% |
| | Aquatics – Water Games Assessment | 10% |
| | Tag Games | <i>Not Assessed</i> |

British International School of Jeddah
Physical Education Department
Year 11 Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

| Reporting Period | Unit | Approximate Timeframe | Approximate Dates |
|------------------|--|-----------------------|--------------------------|
| 1 | Adventure Based Learning | 1 week | 25 August – 29 August |
| | Rotation 1: Volleyball, Multi-Sports, Table Tennis | 7 weeks | 1 September – 17 October |
| 2 | Rotation 2: Sports Education – Touch Rugby Module | 7 weeks | 27 October – 12 December |
| | Rotation 3: Badminton, Football, Table Tennis | 7 weeks | 5 January – 20 February |
| 3 | Rotation 4: International Games | 6 weeks | 1 March – 9 April |

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year 11 Core Physical Education for 2019-20

| Assessment Point | Mode of Assessment | Weighting |
|--------------------|--|---------------------|
| Reporting Period 1 | Adventure Based Learning | <i>Not Assessed</i> |
| | Rotation 1: Student Self-Assessment Evaluation Sheet | 50% |
| | Rotation 1: Teacher Assessment Motor Performance | 50% |
| Reporting Period 2 | Rotation 2: Student Self-Assessment Evaluation Sheet | 20% |
| | Rotation 2: Teacher Assessment Session Plan | 30% |
| | Rotation 3: Student Self-Assessment Evaluation Sheet | 20% |
| | Rotation 3: Teacher Assessment Motor Performance | 30% |
| Reporting Period 3 | Rotation 4: Student Self-Assessment Evaluation Sheet | 50% |
| | Rotation 4: Teacher Assessment Motor Performance | 50% |

British International School of Jeddah
Physical Education Department
Year IB1 Core PE Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

| Reporting Period | Unit | Approximate Timeframe | Approximate Dates |
|------------------|-----------------------------------|-----------------------|--------------------------|
| 1 | Adventure Based Learning | 1 week | 25 August – 29 August |
| | Sports Rotation #1 | 7 weeks | 1 September – 17 October |
| 2 | Sports Rotation #2 | 7 weeks | 27 October – 12 December |
| | Sports Rotation #3 | 7 weeks | 5 January – 20 February |
| 3 | Sports Rotation #4 | 6 weeks | 1 March – 9 April |
| | Sports Rotation #5 | 4 weeks | 26 April – 21 May |
| Not Assessed | Sports Rotation # 6 – Minor Games | 3 weeks | 31 May – 18 June |

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in IB1 Core Physical Education for 2019-20

| Assessment Point | Mode of Assessment | Weighting |
|------------------|--|---------------------|
| Term 1 | Adventure Based Learning | <i>Not Assessed</i> |
| | Rotation 1: Student Self-Assessment LD | 50% |
| Term 2 | Rotation 1: Teacher Assessment LD | 50% |
| | Rotation 2: Student Self-Assessment LD | 20% |
| | Rotation 2: Teacher Assessment LD | 30% |
| | Rotation 3: Student Self-Assessment LD | 20% |
| | Rotation 3: Teacher Assessment LD | 30% |
| | Rotation 4: Student Self-Assessment LD | 50% |
| Term 3 | Rotation 4: Teacher Assessment LD | 50% |
| | Rotation 5: Student Self-Assessment LD | 50% |
| | Rotation 5: Teacher Assessment LD | 50% |
| | Rotation 6 | <i>Not Assessed</i> |

British International School of Jeddah
Physical Education Department
Year IB2 Core PE Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

| Reporting Period | Unit | Approximate Timeframe | Approximate Dates |
|------------------|--------------------------|-----------------------|--------------------------|
| 1 | Adventure Based Learning | 1 week | 25 August – 29 August |
| | Sports Rotation #1 | 7 weeks | 1 September – 17 October |
| 2 | Sports Rotation #2 | 7 weeks | 27 October – 12 December |
| | Sports Rotation #3 | 7 weeks | 5 January – 20 February |
| 3 | Sports Rotation #4 | 6 weeks | 1 March – 9 April |

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year IB2 Core Physical Education for 2019-20

| Assessment Point | Mode of Assessment | Weighting |
|--------------------|--|---------------------|
| Reporting Period 1 | Adventure Based Learning | <i>Not Assessed</i> |
| | Rotation 1: Student Self-Assessment LD | 50% |
| | Rotation 1: Teacher Assessment LD | 50% |
| Reporting Period 2 | Rotation 2: Student Self-Assessment LD | 20% |
| | Rotation 2: Teacher Assessment LD | 30% |
| | Rotation 3: Student Self-Assessment LD | 20% |
| | Rotation 3: Teacher Assessment LD | 30% |
| Reporting Period 3 | Rotation 4: Student Self-Assessment LD | 50% |
| | Rotation 4: Teacher Assessment LD | 50% |

British International School of Jeddah
Physical Education Department
Year 10IGCSE PE Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

| Reporting Period | Unit | Approximate Timeframe | Approximate Dates |
|------------------|--|-----------------------|---------------------------|
| 1 | Unit 1: Anatomy and Physiology | 10 weeks | 25 August – 7 November |
| | Taster Sports Sessions # 1 - Reporting Period 1 | 10 weeks | 25 August – 7 November |
| 2 | Unit 4: Social, Cultural and Ethical Issues | 12 weeks | 10 November – 20 February |
| | Taster Sports Sessions # 2 - Reporting Period 2 | 12 weeks | 10 November – 20 February |
| 3 | Unit 3: Skill Acquisition and Psychology | 10 weeks | 1 March – 21 May |
| | 1 st Sport Testing Rotation #1 ASSESSMENT | 12 weeks | 1 March – 11 June |

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday August 25th to Thursday November 7th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year 10 IGCSE Physical Education for 2019-20

| Assessment Point | Mode of Assessment | Weighting |
|--------------------|--|-----------|
| Reporting Period 1 | Health, Fitness and Training Class Task | 5% |
| | Unit 2: Health, Fitness and Training Unit Test | 50% |
| | Principles of Training Class Task | 5% |
| | Sport Module Practical Assessment | 40% |
| Reporting Period 2 | Leisure and Recreation Class Task | 5% |
| | Global Events Class Task | 5% |
| | Unit 4: Social, Cultural and Ethical Issues Unit Test 1 | 40% |
| | Sport Module Practical Assessment | 50% |
| Reporting Period 3 | Social, Cultural and Ethical Issues Unit Test 2 | 40% |
| | Types of Skills Class Task | 5% |
| | Goal Setting Class Task | 5% |
| | Sport Module Practical Assessment | 50% |
| | <i>Y10IGCSE PE End of Year Test (Term 1 2020-21 Report Period)</i> | 25% |

British International School of Jeddah
Physical Education Department
Year 11 IGCSE PE Curriculum, Reporting and Assessment Outline for 2019-20

Curriculum Outline:

| Reporting Period | Unit | Approximate Timeframe | Approximate Dates |
|------------------|--|-----------------------|--------------------------|
| 1 | Unit 2: Health, Fitness and Training Unit | 15 weeks | 25 August – 7 November |
| | 2 nd Sports Testing ASSESSMENT - Reporting Period 1 | 7 weeks | 25 August – 17 October |
| 2 | Course Review and Revision for Examination Preparation | 12 weeks | 12 January – 9 April |
| | 3 rd Sports Testing ASSESSMENT - Reporting Period 2 | 7 weeks | 27 October – 12 December |
| | 4 th Sports Testing ASSESSMENT – Reporting Period 2 | 6 weeks | 12 January – 20 February |
| 3 | 5 th Sports Testing ASSESSMENT – Not part of report | 6 weeks | 1 March – 9 April |

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday September 1st to Thursday October 17th
- Term 2 reports will be issued on the 12th of March and use data gathered from Sunday October 27th to Thursday 20th February
- Term 3 reports will be issued on the 18th of June and use data gathered from Sunday 1st March to Thursday 21st May

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in Year 11 IGCSE Physical Education for 2019-20

| Assessment Point | Mode of Assessment | Weighting |
|--------------------|---|----------------|
| Reporting Period 1 | Y10 IGCSE PE End of Year Test (Term 1 2019-20 Report Period) | 20% |
| | Skeletal and Muscular System Class Task | 5% |
| | Circulatory and Respiratory System Class Task | 5% |
| | Unit 1: Anatomy and Physiology Unit Test | 20% |
| | Sport Module Practical Assessment | 50% |
| Reporting Period 2 | Y11 IGCSE PE Mock Exam | 50% |
| | Sport Module Practical Assessment | 50% |
| Reporting Period 3 | Sport Module Practical Assessment (not part of report period) | Not Applicable |
| | No Assessments conducted in Term 3 – Moderation Submission | Not Applicable |

British International School of Jeddah
Physical Education Department
IB1 Sports Exercise and Health Science Curriculum
Reporting and Assessment Outline for 2019-20

IB1 SEHS Curriculum Outline:

| UNIT (CORE x 2 lessons) | APPROXIMATE TIMEFRAME | APPROXIMATE DATES (week starting) | UNIT (HL x1 lesson) | NOTES |
|--|--|---|---|---|
| Unit 1: Anatomy | 4 weeks | 25 Aug – 15 Sep | Unit 7: Further Anatomy | Same timings |
| Unit 2: Exercise Physiology Structure and Function | 6 weeks | 22 Sep – 3 Nov | Unit 8: Endocrine System Unit 9: Fatigue | Unit 8: 22 Sep – 29 Sep Unit 9: 6 Oct – 13 th Oct |
| Option A: Optimising Physical Performance | 8 weeks | 10 Nov – 19 Jan | Option A: Optimising Physical Performance | Same timings |
| Unit 4: Movement Analysis | 7 weeks | 26 Jan – 15 March | Unit 10: Friction and Drag | Same timings |
| Unit 6: | 5 weeks | 15 March – 3 May | IA preparation and teaching | |
| Unit 5: Skill in Sports | 6 weeks total (4 weeks, and then 2 weeks start of year). | 10 May – to the end of the year | Unit 11: Pedagogy | Same timings |

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday August 25th to Thursday November 21st
- Term 2 reports will be issued on the 2nd April and use data gathered from Sunday November 21st to Monday 5th March
- Term 3 reports will be issued on the 18th of June and use data gathered from Tuesday 5th March to Thursday 4th June

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in IB Sports Exercise and Health Science for 2019-20.

| Assessment Point | Mode of Assessment | Weighting | |
|------------------|---|-----------|-----|
| | | SL | HL |
| Term 1 | Unit 1 & 2 Test (CORE) Unit 7, 8 & 9 addition (HL) | 70% | 70% |
| | Practical Lab | 30% | 30% |
| Term 2 | IA pre planning and design outline | 40% | 40% |
| | Option A and Unit 4 Test Addition Unit 10 (HL) | 60% | 60% |
| Term 3 | Unit 6 Test | 25% | 25% |
| | IA design and data processing | 25% | 25% |
| | Paper 1 and Paper 2 test | 50% | 50% |

British International School of Jeddah
Physical Education Department
IB2 Sports Exercise and Health Science Curriculum
Reporting and Assessment Outline for 2019-20

IB2 SEHS Curriculum Outline:

| UNIT (CORE x 2 lessons) | APPROXIMATE TIMEFRAME | APPROXIMATE DATES (week starting) |
|----------------------------|-----------------------|--------------------------------------|
| IA work | 2 weeks | 25 Aug |
| Unit 3: Nutrition | 4 weeks | 1 Sep – 13 Oct |
| Option B: | 6 weeks | 10 Nov – 19 Jan |
| Revision | 8 weeks | 26 Jan onwards |

Reporting Outline:

- Term 1 reports will be issued on the 28th of November and use data gathered from Sunday August 25th to Thursday November 21st
- Term 2 reports will be issued on the 2nd April and use data gathered from Sunday November 21st to Monday 5th March
- Term 3 reports will be issued on the 18th of June and use data gathered from Tuesday 5th March to Thursday 4th June

Assessment Outline:

Learning Descriptor Grades will be determined through ongoing formative assessment by the class teacher. Below outlines how the academic grades on each term report will be determined this year in IB Sports Exercise and Health Science for 2019-20.

| Assessment Point | Mode of Assessment | Weighting | |
|------------------|---|--------------------------|----|
| | | SL | HL |
| Term 1 | - Unit 3 Test - Mock exam - Final IA | 5% 75% 20% | |
| Term 2 | - Option B Test - Combination paper exam Paper 1 and 2 - Paper 3 -IA final (20%) | 15% 40% 25% 20% | |